Missouri University of Science and Technology
Department of Athletics and Recreation
Intramural Participant Handbook

Nick White, RCRSP
Intramural Manager
(O): (573) 341-4106
(C): (770) 361-1145
(F): (573) 341-4880
whitenic@mst.edu

Justin Raymer
Intramural/Recreation Manager
(O): (573) 341-7593
(C): (502) 301-0774
(F): (573) 341-4880
Raymerjus@mst.edu

www.mst.edu/~ima
# Table of Contents

I. General Information  
II. Eligibility  
III. Types of Competition  
IV. Guidelines for Joining/Creating a Team  
V. Entry Dues  
VI. League/Event Scheduling and Rescheduling  
VII. Forfeits  
VIII. Protests  
IX. Sportsmanship Ratings  
X. League Postseason Selection/Seeding and Tournament Seeding  
XI. Player Conduct  
XII. Captains of Competing Teams  
XIII. Awards  
XIV. Points System
I. GENERAL INFORMATION

Program Objectives

Intramural-Recreational Sports at Missouri S&T is structured to provide the opportunity for participation in intramural events for students, staff and faculty at the University. Broad selections of events are available, both formally and informally, for men and women interested in single, dual and team sports.

Intramural sports provide an opportunity for each student interested in participation no matter what his/her skill level. Participation provides a medium for social and physical interaction, allowing the student to develop to a greater extent in these areas. Academic pursuits combined with activity may help create a more well-rounded individual, adding to the overall educational experience.

Intramural Team Captain

Each organization has a Team Captain elected or appointed by its respective group. This captain is the contact person between the team and the Intramural Department. If a team is to successfully compete in the program, a responsible captain is necessary.

Insurance Clearance

The Intramural Department and the University neither assumes responsibility nor provide insurance for individuals participating in the program. Participants are encouraged to have their own insurance coverage.

Participant Waiver

Every participant must sign a waiver prior to participation in any intramural activity. The waiver is signed when a participant registers themselves on IMleagues.com. Waivers are also included on the score sheet, which must be signed prior to a contest in all team sports.

Medical Care

Every Intramural Sports Supervisor is trained to provide CPR/AED and First Aid. They are to be the first responder to an injury or emergency. Participants, spectators, and teammates are not permitted to provide care but should assist the Intramural Supervisor upon request. An injury report is required if the participant does not re-enter the game due to the accident. Further medical care of participants from intramural sports injuries is at the discretion of the victim, unless he/she is unconscious or unresponsive. Further care is supervised by Student Health. Care is provided at the S.H.S. building, phone number 341-4284. It is to their discretion to use the best medical practice, or provide the best medical advice to injured participants. The IM Managers may require a doctor’s clearance note before allowing a participant to return to play after a serious injury.

Officials

Student officials are employed throughout the year for intramural sports. Anyone interested in working as an official should come by the Student Recreation Center in the Gale Bullman Multi-purpose building, or contact the IM Managers. Officials are required to attend training sessions. Sessions will include 2-3 nights and about 3 hours/night. These sessions will include the expectations and responsibilities of being an employee with the SRC, as well as the rules, positioning, and mechanics of officiating a particular sport. The following nights include officiating practice games/tournaments. Officials attending these sessions will also be required to
complete payroll documentation, complete “onboarding” information through myhr.umsystem.edu, and attend a workshop with the HR office the Wednesday of that week. Officials will not be scheduled until these requirements are met. If we do not get enough officials at the initial meeting, the sport for which they are being hired will not begin until enough officials sign up. Teams may be requested to designate a volunteer in score keeping or minor officiating duties. Teams failing to comply will forfeit the contest.

**Activity Rules/Participant Quizzes**

Rules are available to students on the website and it is the captain's responsibility to discuss the rules of each sport to his/her team before competition begins. Each participant will be required to take a short quiz on the rules of the sport in which they are attempting to be on the roster for. Participants will not be able to get on the team roster without completing the quiz. NFHS/NIRSA Official rules will govern the play of all activities except under special circumstances deemed by the Intramural Department. Participants shall be aware of such rules by reading the posted rules for each sport on www.studentrec.mst.edu or www.imleagues.com/mst.

**II. ELIGIBILITY**

**Section 1** – ONLY Students, faculty, and staff of Missouri S&T are eligible to enter any activity promoted by the Intramural Department.

1) In order for a student to compete in intramural sports, the student must be enrolled in at least 1 hour at Missouri S&T. Students on cooperative/internship programs must be enrolled as a student to be eligible.

2) **After a season/event has begun**, adding players to a team roster must be done under the following conditions:
   a) It is not during a tournament/event.
   b) Additions must be added to the online roster (IMLeagues roster) prior to the set roster lock date on IMLeagues. NO WRITE IN’s on the score sheet unless approved by Management or Supervisors. If you are not on the roster before arriving to the game site, then you cannot participate.
   c) Additions of players from another team is allowed ONLY IF:
      i) The player is moving from Men’s/Women’s Recreational to Men’s/Women’s Competitive
      ii) The player is moving to a team who has not completed their regular season.
      iii) The added player plays for the team that added them at least once.
         (a) If they do not participate in a regular season game for that team, they are ineligible to participate in that team’s playoff games.
   d) The added player plays for no other same gender team for the remainder of the season.
      i) If they participate with any other same gender team, the 2nd team they played for will forfeit all games he/she participates in after the date/time of the infraction.

**Section 2** – Intercollegiate Varsity Athletes/Practice Players

1. An Intercollegiate varsity roster athlete, from any college or university will be ineligible to participate in their sport/event or any associate sport/event for one full academic year **after** the academic year of participation.
   a. (Example: If you are on an Intercollegiate team roster in a sport during the 2013-14 academic year, you cannot participate in that sport during the 2014-15 academic year. You would then be eligible to participate in the 2015-16 academic year.)
   b. Intramural teams may have only two (2) former intercollegiate varsity roster members that meet the “one year” requirement listed on their team’s IMLeagues roster. They can compete in the highest level of competition only (aka, competitive league). This only applies to the sport or
affiliated sport they were a member of. (i.e. only 2 former baseball roster members can play on the same softball team in the Competitive division)

2. Transfer students who have obtained a varsity status from a four-year college shall come under the same ruling as stated in Section 3a.

3. Players **practicing or having practiced** with the Missouri S&T varsity team are ineligible to compete in that sport/event or any associate sport/event during that academic school year only.

**Section 3** - Professional/Semi-Professional athletes:

1. Anyone who is or has been engaged in professional or semi-professional sports is also ineligible for that sport or associate sports entirely.

**Section 4** – Club Sports Members

1. Team Sport Club Members- No more than two (2) members of a Sport Club team may be on the roster for an Intramural team in their sport or any associate sport. These members are not restricted to a certain division of play. IM Managers will acquire the roster member list from Student Life to verify the club member’s participation with the club.

2. Individual/Dual Sports Club Members- Are eligible to compete in their sport or any associate sport.

**Section 5** – Number of Teams

1. A player may **NOT** play on more than one single gender team and one co-rec team in the same sport.

**Section 6** – Falsifying Identity

1. Any participant playing under an assumed name is subject to barring from all intramural activities for the year and that organization shall forfeit all games in which he/she participated.

**Section 7** – Consequence of Violation of Above Sections

1. **ANY** violation of an eligibility rule will result in the forfeit of all games in which the player participates illegally.

2. The illegal player may become ineligible for ALL remaining games for that sport and incur further penalties that may be deemed necessary by the Intramural Director and/or Intramural Manager.

**Section 8** – Disclaimer

1. The Intramural Department does not assume the responsibility for checking the eligibility of the participants. Team Captains are responsible for establishment of the eligibility of the players on their roster. However, if ineligible players are reported to the Intramural Managers, appropriate action will be taken with regard to the above rulings.

**III. TYPES OF COMPETITION**

**Section 1**- League Sports
1. Intramural leagues involve competition that spans over several weeks. It is comprised of regular season games and teams who qualify will advance to playoffs. League competition is offered for four (4) divisions:
   a) Men's Competitive Division
   b) Men’s Recreational Division
   c) Co-Rec Division
   d) Women's Division
2. League Sports that are offered for all of these divisions:
   a) Softball
   b) Flag Football
   c) Volleyball
   d) Basketball
   e) Soccer
3. League Sports offered to Co-Rec Only (Sunday’s 1p-5p):
   a) Inner Tube Water Polo
   b) 4v4 Flag Football

Section 2- Events and Tournaments

1. Team and Individual/Dual Tournaments are open to Men’s and Women’s Divisions only. These are not tiered by skill level.
2. Special Events may be open to Men’s, Women’s and Co-Rec Leagues. If an event is listed as OPEN, any eligible participant can compete.
   a. Some of these events require online registration, some do not. Check IMLeagues.com/mst for details about the sport that interests you or your group.

IV. GUIDELINES FOR JOINING/CREATING AN IM TEAM

Section 1- Team Registration

1. IM Leagues Registration
   a) All Intramural participants must create an IMLeagues account on www.imleagues.com/mst
2. Organizations/Team Signup
   a) TEAMS MUST REGISER ONLINE BEFORE THE POSTED DEADLINE.
   b) Teams MUST set their TEAM AVAILABILITY on IM Leagues prior to the Availability deadline listed on the IM Calendar, and outlined in the captains instructions.
      i) Teams must allow for 12 hours per week to be scheduled for games.
   c) The designated Captain of an organization will register a team on IMLeagues.com/mst for the sport they wish to participate in.
      i) A Greek organization is a team who lists their team name as the organizations letters, or affiliated/recognized name.
   d) Every team will have until the listed deadline (on IM Leagues) to have their teammates listed on their online team roster.
   e) If you or your teammate is not on the printed roster, OR cannot provide proof that you/they are on the online roster, then you/they cannot participate.
      i) Only members and pledges are eligible to compete with Greek organizations.
   f) If there is enough interest within an organization to field more than one team, a "B" team may be entered into the event/tournament/league.
      i) To be considered a “B” team, the team must have the identical Team Name followed by the letter “B”
V. **ENTRY DUES**

**Section 1** - Entry Dues or Semester Dues

1. Organizations have the following options for fees:
   a. $40/semester dues
      i. Dues allow organizations to have an A-team and B-team for major sports and an A team for minor sports, individual, and dual sports during that semester.
      ii. Some events are not included in this fee. Dues for these events are charged for a number of reasons and at the discretion of the Recreation and Athletics Department.
   b. $25 per major sports
      i. Softball ($15 ASA Fee Not Included)
      ii. Flag Football
      iii. Volleyball
      iv. Basketball
      v. Soccer
      vi. Co-Rec Inner Tube Water Polo
      vii. Co-Rec 4v4 Flag Football
      viii. Big Pink Volleyball (Charity event, not included in the $40/semester dues option)
      ix. Miner World Cup ($40, not included in semester dues option)
   c. $10 per minor team sports
      i. Ultimate Frisbee
      ii. Dodgeball
      iii. Disc Golf
      iv. 2 Man Golf Scramble
      v. Swimming
      vi. Track & Field
      vii. Bowling
      viii. Weightlifting
      ix. Floor Hockey
      x. Tennis (doubles/singles $10 each)
   d. FREE Events
      i. Badminton Tournament*
      ii. Billiards Tournament*
      iii. Home Run Derby
      iv. Pre-Season Tournaments
      v. Tailgate Games Day
      vi. Racquetball*
      vii. Table Tennis*
      viii. FIFA Video Game Tournament
      ix. Jackie Robinson Day Wiffleball Tournament
      x. Basketball Tip-Off Event
Section 2- Forfeit Reimbursement

1. For option (a) above, if neither the A-team nor B-team forfeit a contest in which they are signed up to participate in, the organization will receive a $10 refund.

2. For option (b) above, if a team does not forfeit through the entire season of the sport they register to play, the team will receive a $10 refund.

VI. LEAGUE / EVENT SCHEDULING AND RESCHEDULING

Section 1 – League Scheduling

1. All teams who compete in a league sport will be placed into groups based on the final standings in that sport from the previous year. Typically, teams are scheduled to play every team in their group at least once.
2. Game start times are scheduled Sundays 5p-11p, M-Th 6p-11p.
3. Teams are required to set their team availability on IM Leagues by the end of the scheduled date listed on the IM Calendar. Teams must make themselves available at least 12 hours per week on their IM Leagues team availability.
4. For Co-Rec only leagues, teams are expected to be available 1p-6p on Sundays if registered. There will be no opportunity to reschedule these contests due to the limited availability of the space.

Section 2 - League Game Reschedule

1. In the event a team needs to reschedule a game after the game schedule is published, the team wishing for a change must:
   a. Complete an IM Game Reschedule Request form found on the IMA’s Website prior to 24 hours before the contest.
   b. Pay a rescheduling fee of:
      i. $10 for the first reschedule
      ii. $20 for the second
      iii. $30 for any playoff games
   1. We do not allow a 3rd game reschedule request during a given league sport.
2. The IM Managers will permit a game reschedule request if:
   a. The request is made at least 24hrs before the contest
   b. The team/organization will not have enough players present at the scheduled game time to begin the contest.
   c. The team/organization has a university sponsored event they must attend
   d. The IM Managers have the right to deem a request valid or invalid at their discretion.

Section 3 – Tournament/Event Scheduling/Rescheduling

1. Individual/Dual/Team Tournament game start times are scheduled 5p-10p on Friday. The Tournament typically resumes on Saturday at 12pm-Finish, and Sunday 1pm- Finish. Finish time depends on the number of teams registered and tournament format.
2. Once the brackets are posted, there is no opportunity to reschedule. Teams are expected to be available for the Friday-Sunday time period required to complete the event if they are signed up to compete.

Section 4 – Self Scheduled Events/Tournaments
1. Self-Scheduled events include:
   a. Badminton
   b. Billiards
   c. Racquetball
   d. Table Tennis

2. Participants in one of these events will be required to:
   a. Register Online
   b. View the bracket
   c. Contact their opponent regarding a time to play the contest
   d. Reserve a court and time for the contest
   e. Complete the contest
   f. Report/Confirm the score of the contest on IM Leagues or via paper form at the SRC front desk
   g. Repeat the process for each opponent they are scheduled to face

3. Participants will have a “Play By” date issued to them. This means the opponents must complete their contest before the conclusion of that day. If they fail to do so, it will be a double forfeit.
   a. If any opponent does not communicate with another, and there are proven attempts to get the match scheduled by one individual, then that individual who attempted to communicate will move forward in the tournament, resulting in a forfeit for their opponent.
   b. Special circumstances will be ruled on by the Rec Advisory Board and the IM Managers

VII. FORFEITS

Section 1 – Forfeits

1. IF a team has not SIGNED IN the minimum number of players required to play at the game site before game time it is considered a forfeit (Exception: the opposing team may grant a 10 minute grace period).
2. A forfeit of this nature will count as a loss and result in an automatic 1(one) for sportsmanship rating.
3. After ONE (1) forfeit a team is no longer eligible for playoffs.
4. A team will be removed from the league once the second forfeit is received.
5. Teams must be signed in and ready to play at the time of the scheduled contest to avoid penalties. Therefore, it is suggested that teams arrive at least 15 minutes before game time to allow for parking, signing in, and warming up.
6. If neither team is present and ready to play, a double forfeit will be issued.
7. If only one team has at least the minimum number to play, they will have the option of taking the win or allowing up to a 10 minute grace period for the other team to arrive. The play clock will begin at game time. After 10 minutes, a forfeit will be declared against the team not ready to play. The following penalties will be assessed for failure to start the game on time. The final score listed below will be awarded if the game results in a forfeit at the end of 10 minutes. The other 2 columns are awarded to the “ready” team if second team arrives within the designated time frame and play commences.

<table>
<thead>
<tr>
<th>Sport</th>
<th>Within 5 minutes of game time</th>
<th>5-10 minutes after game time</th>
<th>Final Forfeit Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 on 7 Flag Football</td>
<td>6pt touchdown and 1 pt conversion; ball at midfield*</td>
<td>Additional 6pt touchdown and 1 pt conversion</td>
<td>14-0</td>
</tr>
<tr>
<td>Basketball</td>
<td>8pts; start with ball</td>
<td>Additional 7pts</td>
<td>15-0</td>
</tr>
<tr>
<td>Soccer</td>
<td>1 goals; choose ball/direction</td>
<td>Additional goal</td>
<td>2-0</td>
</tr>
<tr>
<td>--------------</td>
<td>-------------------------------</td>
<td>----------------</td>
<td>-----</td>
</tr>
<tr>
<td>Softball</td>
<td>3 run; declared home team</td>
<td>Another 3 runs</td>
<td>6-0</td>
</tr>
<tr>
<td>Ultimate Frisbee</td>
<td>2pts; start with disc</td>
<td>Additional 2pts</td>
<td>4-0</td>
</tr>
<tr>
<td>Floor Hockey</td>
<td>1 goal; choose ball/direction</td>
<td>Additional goal</td>
<td>2-0</td>
</tr>
<tr>
<td>Volleyball</td>
<td>8pts; start with serve</td>
<td>7pts; match win after 10 min</td>
<td>2-0 (match score) +15pt difference</td>
</tr>
</tbody>
</table>

*Also get choice of options in 2nd half

**VIII. PROTESTS**

**Section 1** – Protest Procedure

1. If a disagreement occurs during a contest between players or between a player and an official that concerns the interpretation of the rules that has direct bearing on the outcome of the contest, a protest may be made by the team captain to the officials in charge of the contest.
2. Such protest, must be made at the time a dispute arises and **BEFORE** play is resumed.
3. After complying with the above conditions, the official in charge is to notify both teams that the game is being played under protest and so state on the score sheet. The score, point of time the game is being played (game clock and half) and any other pertinent information (fouls, misconducts, ejections) is to be recorded.
4. Protests may be made on the playing of an ineligible player according to Article II.
5. Under **NO** circumstances will an official's judgment on matters of fact be grounds for protests.
6. Fraudulent protests declared in an act to delay the game or that have no legitimacy are subject to consequence.

**Section 2** – Protest Hearing

1. Both Team Captains, the official(s) in charge, scorekeeper, and supervisor shall be permitted to present their version of the case before the Recreation Advisory Board. Captains may also bring one (1) witness to substantiate their case.
2. The RAB will come to a conclusion of options, and vote on the decision with a majority ruling. Captains will be notified after the hearing.
3. Proven violations of eligibility will result in forfeit of contests by the offending team.
4. Both teams involved and the RAB will be notified of the Protest meeting 24 hours in advance, except during playoffs when time doesn't permit. In this case the IM Managers will come to a consensus ruling with the available RAB members.
5. Appeals of decisions of the Board cannot be made. Failure of the Board to follow proper procedure shall be the only grounds for appeal. Grounds for appeal will be determined by the IM Managers

**IX. SPORTSMANSHIP RATINGS**
Section 1 – Ratings and Descriptions

1. Sportsmanship ratings will be given to each team at the conclusion of their contest. This is only done for Leagues, and Team Sport Tournaments that last beyond one day of competition. The ratings are completed by game officials and scorekeepers. The combination of their scores is averaged together to come to the final rating for the game.

2. The ratings are determined as follows:
   a. 4 – Excellent Conduct and Sportsmanship- Players cooperate fully with the officials and other team members. The captain calmly converses with officials about rule interpretations and calls. The captain also has full control of his/her teammates, bench, and spectators. Teams that win by forfeit will receive a “4”. Teams that receive 1 verbal warning for use of profanity cannot receive higher than a “3” rating.
   b. 3 – Good Conduct and Sportsmanship- Team members verbally complain about some decisions made by the officials and/or show minor dissension, which may or may not merit a yellow card (soccer, volleyball, softball), unsportsmanlike flag (flag football), or technical foul (basketball). Teams that receive 1 yellow card (soccer, volleyball, softball), unsportsmanlike flag (flag football), or technical foul (basketball) cannot receive higher than a “3” rating.
   c. 2 – Average Conduct and Sportsmanship- Team shows verbal dissent towards officials and/or the opposing team, which may or may not merit a yellow card (soccer, volleyball, softball), unsportsmanlike flag (flag football), or technical foul (basketball). Captain exhibits minor control over his/her teammates, bench, and spectators, but is in control with himself/herself. Teams receiving multiple yellow cards (soccer, volleyball, softball), unsportsmanlike flags (flag football), or technical fouls (basketball) cannot receive higher than a “2” rating. Teams who forfeit will receive a 2 unless the game is forfeited for unsportsmanlike reason.
   d. 1 – Below Average Conduct and Sportsmanship- Team consistently comments to the officials and/or the opposing team from the field and/or sidelines. The team captain exhibits little or no control over teammates, bench, spectators, and/or himself/herself. A team which receives one red card (soccer, volleyball, softball) or an ejection (flag football, basketball) cannot receive higher than a “1” rating.
   e. 0 – Poor Conduct and Sportsmanship- Team is completely uncooperative. Captain has no control over teammates, bench, spectators, and/or himself/herself. Any team causing a game to be forfeited, other than by not showing, or receives multiple ejections will receive a “0” rating.

X. LEAGUE POST-SEASON SELECTION/SEEDING, TOURNAMENT SEEDING

Section 1- League Post-Season Selection

1. Pre-Season, the group assignments will be made according to the final standings in each sport from the previous year. New teams will be placed at random.
2. When determining play-offs, teams without a forfeit, possessing a .500 win percentage or better, with at least a 2.50 sportsmanship rating, will advance to the post-season.
3. Play-off seeding is determined by the following factors in this order, unless otherwise specified:
   a. Win percentage
   b. Head to head record (if applicable)
   c. Point/Score differential
   d. Sportsmanship

Section 2 – Team Tournaments, Individual and Dual Sports
1. Team Seeding will be based on standings from the previous year, new teams will be placed at random beginning with the highest number seed available.
2. For individual and dual sports, standings will be given for singles and doubles combined. The standings from each will be added together to arrive at the final standings. Points will be awarded based on the combined final standings.
3. All team tournament/individual/dual sports will be double elimination, unless otherwise stated.
4. Players may not change teams once competition begins in team tournament, dual and individual sports.
5. For Self-Scheduled Tournaments see Article IV, Sec 4, Rule 3

XI. PLAYER CONDUCT

Section 1 - Objective

1. The objective of the Intramural Department is to promote good sports behavior. No game is important enough to warrant verbal or physical abuse of officials or participants.

Section 2 – Ejection/Appeal Procedures

1. If a participant/team is ejected from a game for unsportsmanlike conduct, the player/team will be immediately suspended from the program, and forced to leave the premises (Out of sight and sound) before competition will restart, or the game will be forfeited.
   a. Failing to comply with this rule as administered by IM Staff will result in extended suspension.
2. The following day, the Recreation Advisory Board will be given a report of the incident from the IM Staff on duty.
3. This will be followed by a review by the Recreation Advisory Board (RAB) to see if and when the suspension will be lifted. The participant/team may be subject to further disciplinary action from the Intramural Manager and/or the RAB. If further suspension is decided upon by the RAB, the ejected participant/team captain has the right to attend the RAB meeting to plead their case, attendance at this meeting is not required.
4. The RAB will then make a final decision on the ejection/suspension, and notify that participant/team captain by email.
5. If the ejected participant/team captain wants to appeal, they must do so within 24 hours of the RAB meeting, in writing, to the IM Managers. Email will suffice as “in writing”.
6. An Appeal meeting will be set with an IM Manager(s). After the meeting the IM Manager(s) will notify the ejected individual of the final details of the suspension.
7. After this final notice, the matter is considered closed. Further inquiry about the matter may result in further consequence and referred to the Vice Chancellor of Student Affairs office.

Section 3 – Offenses that may Result in Team/Individual Ejection

1. Any action that includes but is not limited to:
   a. Physical abuse or other conduct which threatens or endangers the health or safety of any person
   b. Disruptive or disorderly conduct or lewd, indecent, or obscene conduct or expression.
   c. Forgery, alteration, or misuse of University documents, records or identification, or knowingly furnishing false information to the University.
   d. Obstruction or disruption of teaching, research, administration, conduct proceedings, or other University activities, including its public service functions on or off campus.
e. Harassment by engaging in a course of conduct directed at a specific person that serves no legitimate purpose that would cause a reasonable person under the circumstances to be frightened, intimidated, or emotionally distressed
f. Failure to comply with directions of University officials acting in the performance of their duties.
g. Any other action ruled unacceptable by the IM Managers.

Section 4 – Probation and 2nd offenses

1. If a team or individual is considered to be on probation, this means that team or individual is held to a much higher behavioral standard for a specified period of time.
2. If a subsequent violation occurs, the sanctions that result are likely to be much more severe than the initial sanctions.

Section 5 - Severity of Offenses

1. Any offense deemed to be severe by the RAB and/or IM Manager(s) may result in suspension from Intramurals and the Student Recreation Center indefinitely/completely and submission of the incident to the Vice-Chancellor of Student Affairs.

Section 6 - Dress

1. Participants will be expected to use common sense as to the choice of clothing for each activity.
2. Each sport specifies the rules and regulations on what is required/prohibited to be worn on the field or court.

Section 7 – Team Captain/Participants Responsibility

1. The team captain is expected to keep control of his/her team member's conduct and their spectators. As the team representative, the captain should be the only individual to address the officials or supervisor with concerns. This may only be done in a respectful and sensible manor.
2. ALL participants are encouraged to do their due diligence and be aware of all the included policies of the IM Participant Handbook, and the rules of the event(s) they participate in.

XII. CAPTAINS OF COMPETING TEAMS

Section 1 – Intramural Team Captain

1. Each organization or team must have an Intramural sports team captain. The method by which the captain is selected will be entirely up to the organization.
2. Experience proves that organizations contending for top honors have involved and efficient captains. They should be interested in sports, the IM program, and especially the welfare of the organization or team. The individual should be chosen with these qualifications in mind.

Section 2 - Duties of the Intramural Team Captain:

1. Have a firm understanding of the Intramural Participant Handbook
2. Have demonstrated navigation skills of www.imleagues.com/mst
3. Organize and enter teams in sports/events prior to the deadline.
4. Complete their team availability online before the deadline
5. Complete/Update/Monitor team rosters within compliance of this handbook
6. Ensure all participants are aware of the sport/events rules prior to participating
7. Ensure all participants are eligible and have S&T ID Card at all events
8. Notify their teams as to time, place, and date of scheduled activities and see that they are present.
9. Provide extra personnel, such as timers and scorers if they are requested.
10. Pay all fines and dues promptly to the SRC Front Desk or IM Managers
11. Assist in the recruitment of sports officials.
12. Keep his/her name, address, telephone, and e-mail up to date on IMleagues.com
13. Make an effort to see that those representing his/her organization or team play according to the rules of the game and conduct themselves in a sportsmanlike manner.
14. Represent their team or organization at protest/disciplinary meetings
15. See that all necessary results or reports are turned in promptly and accurately
16. Keep the members of the organization or team informed as to activities available; stimulate and promote participation.

XIII. AWARDS

Section 1 - T Shirts

1. 1 Design for Champions of Major Sport Co-Rec Leagues, Major Sport Rec Leagues, and Section 2&3 Sports
2. 1 Design for Competitive Men/Women major sports T’s
   a. Possibly have a template design for each major sport
      i. Softball
      ii. Football
      iii. Volleyball
      iv. Basketball
      v. Soccer
3. Specific designs for select section 5 events

Section 2 - Major Sport Trophies

1. Kept in a display case at SRC, not issued trophy for teams to keep
2. Large Trophy for Men’s Competitive, Men’s Rec, Co-Rec and Women’s

Section 3 - Banners

1. Hung in the SRC Multi-Purpose Court Area
2. One banner per league for overall campus champions, shows team name and year:
   a. Men’s Competitive
   b. Men’s Rec
   c. Co-Rec
   d. Women’s

Section 4 - “Retired” Jersey (Hung in the SRC Multi-Court Area)

1. Sarah Moore/Dewey Allgood Award Winners, will show last name and year on back of jersey
   a. These awards are determined by the following factors in order:
      i. Number of times participated
1. One game counts for one participation  
   ii. Individual Sportsmanship  
   iii. How successful they were in competition

XIV. POINTS SYSTEM

There will be two overall standings for men's teams:

**Competitive Overall:** For teams who participate in Competitive Leagues for 3 or more major sports (Flag football, Softball, Volleyball, Soccer, and Basketball)

**Recreation Overall:** For teams who participate in Recreation Leagues for 3 or more major sports (Flag football, Softball, Volleyball, Soccer, and Basketball)

**Section 1** - All major sports (Softball, Flag Football, Volleyball, Basketball, and Soccer) will have the following point values:
   1. Team Entry points (w/o forfeits): 200 points
   2. Men’s Competitive: 1000 points for the champion, 20 point spread
   3. Men’s Recreational: 500 points for the champion, 10 point spread
   4. Women's: 500 points for the champion, 10 point spread
   5. Co-Rec: 500 points for the champion, 10 point spread

**Section 2** - All Team minor sports (Ultimate Frisbee, Track & Field, Swimming, Weightlifting, Bowling, Dodgeball, Disc Golf, and Golf) have the following point values:
   1. Team Entry points (w/o forfeits): 100 points
   2. Men's: 250 points for the champion, 10 point spread
   3. Women's: 250 points for the champion, 10 point spread

**Section 3** - All sports that have only singles and doubles competition will have the following point values (Darts, Racquetball, Tennis, Table Tennis, Badminton, Billiards):
   1. Team Entry points (w/o forfeits): 25 points for singles and 25 points for doubles
   2. Men's: 100 points for the champion, 5 point spread
   3. Women's: 100 points for the champion, 5 point spread

**Section 4** – Co-Rec only (Inner Tube Water Polo league, Indoor/4v4 Football League)
   1. Team Entry Points: 100
   2. Co-Rec: 250 points for the champion, 10 point spread

**Section 5** -- Special Events (Events on IM Calendar)

1. Entry points may or may not be offered for these events at the discretion of the intramural department. Some events are to provide a fun social atmosphere, and some are driven to provide philanthropy and publicity to the Athletics and Intramural programs.

**Section 6** - Deductions

1. Forfeit:
   a. 1st (lose half of participation points and no playoffs)
   b. 2nd (lose all participation points and dropped from league)
2. Sportmanship:
a. If a player gets ejected, or receives a “1” rating, the team (Soccer = participation points lost with Hard Red Card and not two Yellow Cards) will lose ½ of their participation points.

b. If a team receives a “0” during either the regular season or playoffs, they will automatically lose all of their participation points, and the team will be placed on probation after meeting with the RAB and/or IM Managers.

**FINAL AUTHORITY:** Any matter specifically not covered in the Intramural Participant Handbook or rules shall be decided by the RAB and Intramural Managers.